

Fitness4fun

School Holiday Program For Girls And Boys
Mon 5th – Wed 7th September



“Improving fine and gross motor skills, coordination and fitness, through a range of sporting activities”

Camps are being held at Fahan School, Sandy Bay with access to their first class facilities including the Fahan Oval, Tennis Court, Gymnasium and Dance Studio.

One - Three Day School Holiday Multi-Sport Camps

Monday - Wednesday \$55 per day or 3 days \$150.
Daily program from 9-3pm, half day options available.
Options available for before camp care.

Age Groupings

3-5 yo, 6-9 yo, 10-12 year old boys and girls

Qualified Fitness Leaders

- Experienced Physical Education Teachers Primary/Secondary
- Certificate III and IV in Fitness Leadership
- Accredited Coaches with Australian Sports Commission
- Trained and Certified Sports First Aiders

Activities Offered

- Fitness Circuit •Treasure Hunt Games •Netball •Cricket •Indoor Hockey
- Touch Football •Dance •Skipping •Flags •Swimming •Gymnastics
- Aerobics •Guest Speakers •Tennis •Basketball.

*Activities may change depending on weather and the needs of children.



Download a registration form from our website:

www.fitness4fun.com.au

For further Information contact

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