



15 October 2012

Dear Parents,

Growing Up Program - Years 3-6

Fahan School
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Christy Measham, from Family Planning Tasmania, will be in the school again this year talking to Grades 3, 4, 5 and 6 about sexuality and personal relationships. There will be a parent session on **Monday 29 October at 9.00am** (45 minutes) and the program will run during the following week. The parent session will be held in the TM Library. If you have any queries or anxieties, please ring Amanda Beltz at Fahan on 6225 1064.

For Years 3-6 the program will include:

- Bodies, inside and out (using correct terminology)
- Development from birth to present
- Conception (at age appropriate level), pregnancy and birth
- Personal safety and cyber safety
- Decision making and communication
- Puberty
- Relationships
- Feelings and peer pressure

We would like to encourage parents to attend the parent session so that you are aware of the content of the sessions and can feel confident about discussing any issues that may arise with your children. Please note that all sessions will be age appropriate. The sessions will run in class time for students in Years 3-6 from **Monday 5 to Wednesday 7 November 2012.**

Yours sincerely,

Amanda Beltz
Junior School Coordinator